

OTHTC

Over the Hill Track Club



HIGH DESERT 50K Ultra & 30K - THE FRIENDLIEST RACE YOU'LL EVER RUN RRCA 50Km Southern California State Championship

USATF Southern California Association 50Km Trail Championship

DATE: Sunday, December 4, 2011 **START:** 7:00 A. M. at Cerro Coso Community College, Ridgecrest, Ca.

ENTRY FEE: 50Km \$60.00 entry before Nov 12, 2011, \$70.00 thereafter. 30Km \$55.00 entry before Nov 12, 2011, \$65.00 thereafter. All fees are **Non-refundable/No roll-overs**. Can register on Saturday before the race, 5-8pm at Race Headquarters. **NO RACE DAY REGISTRATION!** Free entry to **Ultra Race Directors** – must provide Event Name/Date.

COURSE: Loop course of rolling desert terrain (dirt roads) with elevation variation from 2400ft to 3500ft. Temperatures can vary from 30 degrees to 80 degrees on race day.

AID: Nine aid stations will be well stocked with water, electrolyte drinks, cookies, etc. It is advised that all participants **carry a water bottle** between aid stations. Ibuprofen **will not** be provided.

AWARDS: Lifetime entry free to first male and female in the ULTRA. Awards to Overall winner, Male/Female, 50K/30K. Awards to top three in each age group category for the 50K /30K. Plus award to the first Male/Female finishers in the **MILITARY** division. (EARLY STARTS EXEMPTED FROM AWARDS.) Everyone will receive a T-shirt and all finishers receive a finisher's medal.

INFO: Lodging, general race information and map with directions see website, www.othtc.com/ultra/index.htm

USATF INFO: To be eligible for USATF SCA Championship Awards, you must be a current member of USATF SCA. You can register to become a member of USATF SCA on-line at www.scausatf.org.

2011 Benefits Women's Center High Desert & Southern Sierra Boys & Girls Club
Gatorade is the official drink of our race
Minimum age on race day: 30K = 16 50K = 17 NO EXCEPTIONS

Please print legibly

Name: (print) _____ Phone # _____

Address _____ City _____

State _____ ZIP _____ Age _____ Sex M F Which race are you running? 30K 50K

T-shirt (Unisex) S M L XL Check if this is your first Ultra _____

How many High Desert 50K's have you finished _____ Jacket size for 10 year High Desert 50K runners _____

Check if Military _____ USATF Membership Number _____

Email address (Please provide, helps keep costs down) _____

Early Entry Fee 50K: \$60.00 Late Fee 50K: \$70.00 \$ _____

Early Entry Fee 30K: \$55.00 Late Fee 30K: \$65.00 \$ _____

Extra: tank top \$15.00 (size) SS T-shirt \$15.00 (size) LS T-shirt \$15.00 (size) or Sweat shirt \$25.00 (size) \$ _____

TOTAL \$ _____

WAIVER OF LIABILITY

IN CONSIDERATION OF YOUR ACCEPTING THIS ENTRY, I, THE BELOW SIGNED, INTEND TO BE LEGALLY BOUND HEREBY FOR MYSELF, MY HEIRS, EXECUTORS AND ADMINISTRATORS, WAIVE AND RELEASE ANY AND ALL RIGHTS AND CLAIMS FOR DAMAGES THAT I MAY HAVE AGAINST ANY AND ALL SPONSORS, AND THEIR REPRESENTATIVES, SUCCESSORS, AND ASSIGNS FOR ANY AND ALL INJURIES SUFFERED BY ME IN SAID EVENT. I VERIFY THAT I AM PHYSICALLY FIT AND HAVE SUFFICIENTLY TRAINED FOR THE COMPLETION OF THIS EVENT AND A LICENSED MEDICAL DOCTOR HAS VERIFIED MY PHYSICAL CONDITION.

SIGNATURE _____ Date _____

Guardian Signature _____

Checks payable to OTHTC. Send entry to OTHTC, 737 Fendrick Circle, Ridgecrest, Ca. 93555. For further information call Terry Mitchell, H (760) 375-0168, e-mail: terrymitchell@ridgecrest.ca.us