



HIGH DESERT 50K Ultra & 30K - THE FRIENDLIEST RACE YOU'LL EVER RUN
RRCA 30K Southern California State Championship
USATF Southern California Association 50 km Trail Championship

DATE: Sunday, December 4, 2005 START: 7:00 A. M. at Cerro Coso Community College, Ridgecrest, Ca.
 ENTRY FEE: 50Km \$50.00 per-entry. Before November 20, 2004, \$65.00 thereafter. 30Km \$40.00 pre-entry, \$55.00 thereafter. All fees are **Non-refundable**. Can register on Saturday before the race. **NO RACE DAY REGISTRATION!**
 COURSE: Loop course of rolling desert terrain (dirt roads) with elevation variation from 2400ft to 3500ft. Temperatures can vary from 30 degrees to 80 degrees on race day.
 AID: Nine aid stations will be well stocked with water, electrolyte drinks, ibuprofen, cookies, etc. It is advised that all participants **carry a water bottle** between aid stations.
 AWARDS: Lifetime entry fee to first male and female in the ULTRA. Awards to Overall winner, Male/Female, 50K/30K. Awards to top three in each age group category for the 50K /30K. Plus award to the first Male/Female finishers in the **MILITARY** division. Everyone will receive a T-shirt and all finishers receive a finisher's medal. Free entry to **Ultra** Race Directors.
 INFO: Lodging, general race information and map with directions enclosed.
 USATF INFO: To be eligible for USATF SCA Championship Awards, you must be a current member of USATF SCA. You can register on-line at www.scausatf.org or in person at the race for the annual fee of \$20.00

****Gatorade is the official drink of our race****

Name: (print) _____ Phone # _____

Address _____ City _____

State _____ ZIP _____ Age _____ Sex M F T-shirt S M L XL Check if this is your first Ultra _____

Jacket size for 10 year runners _____ Email address _____

Check if Military _____ How many High Desert 50K's have you finished _____ USATF Membership Number _____

Early Entry Fee 50K: \$50.00 Late Fee 50K: \$65.00 \$ _____

Early Entry Fee 30K: \$40.00 Late Fee 30K: \$55.00 \$ _____

Extra: tank top \$10.00 (size) SS T-shirt \$12.00 (size) LS T-shirt \$14.00 (size) or Sweat shirt \$20.00 (size) \$ _____

TOTAL \$ _____

WAIVER OF LIABILITY

IN CONSIDERATION OF YOUR ACCEPTING THIS ENTRY, I, THE BELOW SIGNED, INTEND TO BE LEGALLY BOUND HEREBY FOR MYSELF, MY HEIRS, EXECUTORS AND ADMINISTRATORS, WAIVE AND RELEASE ANY AND ALL RIGHTS AND CLAIMS FOR DAMAGES THAT I MAY HAVE AGAINST ANY AND ALL SPONSORS, AND THEIR REPRESENTATIVES, SUCCESSORS, AND ASSIGNS FOR ANY AND ALL INJURIES SUFFERED BY ME IN SAID EVENT. I VERIFY THAT I AM PHYSICALLY FIT AND HAVE SUFFICIENTLY TRAINED FOR THE COMPLETION OF THIS EVENT AND A LICENSED MEDICAL DOCTOR HAS VERIFIED MY PHYSICAL CONDITION.

SIGNATURE _____ Date _____

Guardian Signature _____

Checks payable to OTHTC. Send entry to OTHTC, 229 N. Chambers St., Ridgecrest, Ca. 93555. For further information call Chris Rios, H (760) 384-3764, W (760) 939-5399 e-mail: CandDRios@aol.com